

Help and Crisis Information



Emergencies:

• CALL:

Emergency – ask for CIT officer (Crisis Intervention Trained): 911
Suicide and Crisis Lifeline (988) 273-8255
Northshore Health Systems Crisis Intervention Services: (847) 570-2500
Press “0” to have crisis worker paged

Haven Youth and Family Services – Wilmette - intake assessments,
24/7 Emergency Housing for teens (runaway, family conflict) (847) 251-6630
NAMI National Helpline (800) 950-6264

• TEXT:

Crisis TEXT Line: Text 741-741
Text-a-Tip – local crisis counselors 24/7 – Text “Hello” to (844) 823-5323
Ask for prayer or KUC support by text: (217) 291-5221

Ask for prayer by dm – instagram @kucyouth

Local Counseling/Treatment Centers:

Haven (see above) – youth crisis and counseling (847) 251-6630
Josselyn (Northfield) (847) 441-5600 Option 8
Counseling Center of the North Shore (Winnetka) (847) 446-8060
Samaritan Counseling Center (Winnetka) (847) 446-6955
Family Service Center Northfield (Student Safety Assessments) (847) 251-7350
Family Service of Glencoe (Glencoe Residents) (847) 835-5111
The Family Institute at Northwestern University (847) 733-4300
Compass Health – Intensive adolescent treatment
– locations in Northbrook and Chicago (844) 552-0242

Insight Behavioral Health Center - adolescent intensive treatment
for mood and anxiety disorders in Chicago (847) 915-6747

SunCloud Integrative Outpatient Treatment – adolescent and adult treatment for eating,
mood, trauma, and substance abuse disorders as well as drug and alcohol addiction.
Locations in Chicago and Northbrook (844) 593-2674

Hazelden/Betty Ford – Screening for Drug or Alcohol Addiction – also has inpatient and outpatient
treatment centers nationwide, including Chicago (888) 826-0907

OMNI Youth & Family Services – Programs for behavioral and substance abuse issues, including juvenile
justice-involved youth. Located in Buffalo Grove and Wheeling (847) 353-1500

Pastoral Care / Prayer support – call KUC (847) 251-4272

Also, talk to primary care provider for screening and treatment referral.